



WARWICK SHOTOKAN

KARATE CHAMPIONSHIP Rules & Regulations

Kumite Rules

- Jiyu (Free style) Kumite is for all ranks 5 years old and above
- Warwick Shotokan Karate Championship will be using modified WSKA Rules
- Light head contact to the side of the head is allowed so long as the head **DOES NOT** move. Any movement of the head will result in a warning – three warnings = disqualification.
- No contact to the face is allowed, that also includes the face shield.
- Uncontrolled techniques will result in a penalty or disqualification
- Children/Teens divisions will run 2 minutes non-stop Shobu Sanbon (3 ippons or 6 wazaris)
- 18-34 and 35- above will run 2 minutes non-time Shobu Sanbon (3 ippons or 6 wazaris)
- All Black Belt final matches will run 3 minutes stop time Shobu Sanbon
- The following equipment is **mandatory all ages**: Traditional White Gi, hand gloves, feet pads, mouth guard and protective cup (male).
- The following equipment is **mandatory for competitors 17 and under**: Head gear or Head gear with face shield.
- Following equipment is **Optional**: Chest protector for male/female.
- I will have a limited amount of hand gear, feet protection, and head gear at tournament. If you need to borrow you can, but you must sign a form to “rent” the gear so I know it is returned.
- In the spirit of Karate-do, all competitors must continue to compete during the entire match. If a competitor intentionally leaves the ring in the last 20 seconds of the match to avoid a scoring technique the other competitor will immediately be awarded a wazari (1 point). Second infraction the other competitor will be awarded an ippon (2 points) and the third infraction the competitor will be disqualified.
- In the Spirit of Karate-do proper conduct is required from the competitors and instructors alike, or else suspension will result from the tournament.
- We do not allow any coaching at this Tournament in any language.



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Kata Rules

- All Contestants must perform SHOTOKAN kata ONLY!
- We realize each Organization, club and school may teach the 26 katas (and Taikyoku) slightly different; as such, Nakayama Sensei's Best Karate will be used as the guide for Judging Kata at this event.
- Long pauses for dramatic effect will be counted against the karate-ka.
- All Divisions for 14 years and under will be awarded four (4) places and participation medals
- Over 14 only three (3) places will be awarded and no participation medals.
- **Beginners** – Only Taikyoku, Heian Shodan & Heian Nidan can be performed – May repeat kata. Flag system will be used for all rounds.
- **Intermediate** - Heian Godan and below – May repeat kata. Flag system will be used all rounds.
- **Advanced** (Brown belts only division) Heian Godan plus **SENTEI KATA** listed below. Same kata may be repeated all rounds. Flag system will be used for all rounds.
- **Advanced/Black Belt** (Brown belts and Black Belts mixed division) **TOKUI KATA**. Same kata may be repeated all rounds. Flag system will be used for all rounds.
- **Black belt only divisions** (under 18) - **TOKUI KATA**. Must perform a different kata in the final round (1st, 2nd and 3rd place rounds).
- **18 and above Black Belts** – First Round – Shitei Kata Group (Judges' choice) – Flag system, Second Round Sentei Kata - Flag system; Third round (and beyond) Tokui Kata – Point system.
- **Team Kata** – Three (3) participants per team. The Team may only perform a Shotokan kata that the lowest ranked person on the team can perform based on their rank. Team kata will be divided into two age groups (under 17 and 18 and older) by the age of the oldest participant and by rank. All kata divisions will be judged by utilizing the Point System. Teams will be registered under the Team Captain's name.
- **Grand Champion** - There will be five (5) grand champion trophies awarded for kata in the following divisions: 18 and over Black Belt; 17 and under Black belt; 5-8 year olds (regardless of rank); 9-12 year olds (regardless of rank) and 13 -17 year olds (regardless of rank). The grand champion competition for 17 and under will occur at the conclusion of the final 17 and under division. Only one grand champion trophy will be awarded per division. Point system will be utilized.



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- **TYPES OF KATA TO BE PERFORMED:**

- **SHITEI KATA:** Taikyoku, Heian Shodan, Heian Nidan, Heian Sandan, Heian Yondan, Heian Godan and Tekki Shodan.
- **SENTEI KATA:** Bassai-dai, Kanku-dai, Enpi, Jion, and Hangetsu.
- **TOKUI KATA:** Choice of any 26 Shotokan Kata

Kobudo:

- Only the following traditional weapons can be used: Bo staff, Eku (Oar) and Tonfas.
- The contestants must always maintain control of the weapon during the performance. A contestant will be disqualified if he/she drops a weapon during their performance
- No weapons variations are allowed unless otherwise approved in advance by the Tournament Director and Chief Referee
- The Kobudo competition will utilize the Point system.

Team Kumite:

All of the Kumite Rules apply except for the following changes:

- A team consists of three members. All three must be either 17 and under or 18 and above.
- There will be three (3) two minute matches in which you can earn as many points that you can in two minutes. The cumulative points from all three matches will be added together to determine the winning team.
- All three members must register in advance. Registration is in the name of the Team Captain.
- Unless there are at least two women teams by 4/5/19 this will only be for Male competitors.

Please NOTE: Above rules may be modified by the Tournament Director for the benefit of the competition

Divisions may be combined to insure adequate match competition for all participants.